



Christian Athletic Mentoring Program Summer Fit CAMP

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00 to 9:00 AM	Morning Welcome				
9:00 to 9:45 AM	Morning Devotion				
10:00 to 11:00 AM	Basketball	Recreation Sports	National Kidney Foundation	Recreation Sports	Basketball
11:00 to 12:00 PM		Lunch & Swimming includes travel time (10:45 to 2:00)		LUNCH & FREE TIME	
12:00 to 1:00 PM	LUNCH & FREE TIME		LUNCH & FREE TIME		
1:00 to 2:00 PM	Reading Skills	Recreation Sports (2:00 to 3:30)	Boot CAMP	Dance Flag Football	Reading Skills
2:00 to 3:00 PM			Basketball		
3:00 to 4:00 PM	Snack/Free Time (3:30 to 4:00)	Snack/Free Time (3:30 to 4:00)	Snack/Free Time (3:30 to 4:00)	Snack/Free Time (3:30 to 4:00)	Snack/Free Time (3:30 to 4:00)
4:00 to 4:30 PM	Soccer	Tennis	Soccer	Tennis	Dance/ Flag Football
4:30 to 5:30 PM					
5:30 to 6:00 PM	CLOSING DEVOTION				